Are You At Risk for Periodontal Disease?

Take the simple test to find out if you exhibit the warning signs and/or symptoms of periodontal [gum] disease. Periodontal disease, if left untreated, will lead to bone loss and ultimately the loss of teeth. It has also been linked to pre-mature births, obesity and heart disease. After answering the questions click on “Submit” to see your score and to determine what specific actions you need to take for protection of your gums and your health.

Take a Self-Evaluation Periodontal Quiz

Periodontal Information

Are your gums red, swollen and/or tender? [✓ Yes [✓ No
Do your gums bleed when you brush or floss your teeth? [✓ Yes [✓ No
Do you have persistent bad breath or a bad taste in your mouth? [✓ Yes [✓ No
Do your teeth feel loose? [✓ Yes [✓ No
Have your teeth shifted or have spaces developed between them? [✓ Yes [✓ No
Have your gums receded so that the roots of your teeth are now visible? [✓ Yes [✓ No
Have you noticed any difference in the way your teeth meet when you bite? [✓ Yes [✓ No
Have you noticed pus draining from your gums or between your teeth? [✓ Yes [✓ No
Have you lost any adult teeth? [✓ Yes [✓ No
Does anyone in your family have periodontal [gum] disease? [✓ Yes [✓ No
Do you smoke? [✓ Yes [✓ No
Do you have Diabetes or a history in the family? [✓ Yes [✓ No
Do you have Osteoporosis? [✓ Yes [✓ No
Are you going through an extremely stressful time in your life? [✓ Yes [✓ No
Is your mouth in pain after eating hard or stringy foods? [✓ Yes [✓ No

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Your score

Your score is 6

If you have a score of 5 or more Yes answers, you need to speak with our office about a solution to your periodontal problems.